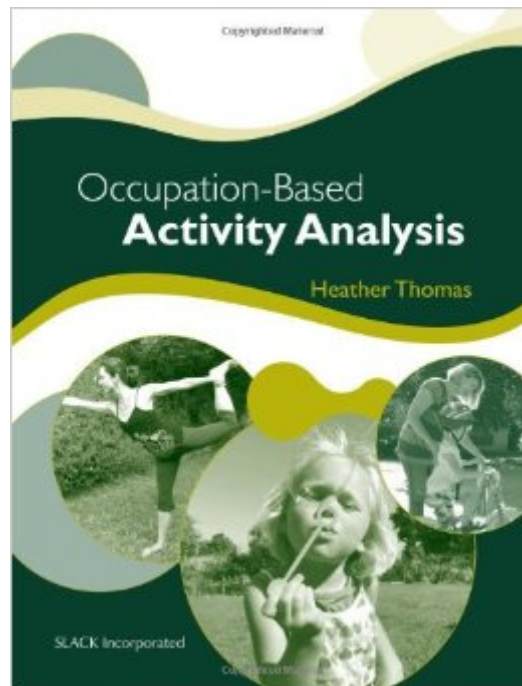


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# Occupation-Based Activity Analysis (Thomas, Occupation-Based Activity Analysis)



## Synopsis

Activity Analysis is an essential skill to occupational therapy. Students and practitioners need not only an understanding of what activity analysis is and how to break down the steps of a task, but also understand how each aspect of an activity influences participation in occupations.

Occupation-Based Activity Analysis is a definitive text that effectively progresses the reader toward understanding the differences between occupations and activities, and the interaction of all of the components of activities and occupations, such as performance skills, client factors, activity demands, and contexts. Occupation-Based Activity Analysis by Heather Thomas instructs students to analyze activities using the domain components as outlined in the Occupational Therapy Practice Framework: Domain and Process, 2nd Edition. This timely text guides the reader through understanding the process of activity analysis from the perspective of examining typical activity demands. Learning of key concepts is reinforced through case examples, worksheets, exercises, and sample analyses. Beginning with defining the domain of practice through the areas of occupation, students will learn to identify occupations and activities, while learning to understand the importance of analysis to their domain of practice. Students and practitioners will also discover how to analyze the demands inherent to the activity itself, and the context which surround the activity and the people engaged in it. The component steps to analyzing activities or occupations are uncovered in separate chapters, each aspect reinforces concepts that are foundational to occupational therapy practice.

A Glance at What Is Covered:

- Activity versus occupation versus tasks
- Areas of occupation defined
- Details of how social and space demands, as well as objects influence performance
- Client factors and body functions and structures defined as they relate to performance in occupations
- The influence of the client's contexts
- Performance patterns and how their influence on occupations
- How to grade and adapt an activity

Instructors in educational settings can visit [www.efacultyounge.com](http://www.efacultyounge.com) for additional material to be used for teaching in the classroom. Occupation-Based Activity Analysis is an excellent text for students and for practitioners looking to further their understanding of activity analysis.

## Book Information

Series: Thomas, Occupation-Based Activity Analysis

Paperback: 216 pages

Publisher: Slack Incorporated; 1 edition (July 15, 2011)

Language: English

ISBN-10: 1556429460

ISBN-13: 978-1556429460

Product Dimensions: 8.5 x 0.6 x 11 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.7 out of 5 stars Â Â See all reviewsÂ (15 customer reviews)

Best Sellers Rank: #433,362 in Books (See Top 100 in Books) #29 inÂ Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Occupational & Industrial Medicine #45

inÂ Books > Medical Books > Medicine > Internal Medicine > Occupational #281 inÂ Books >

Textbooks > Medicine & Health Sciences > Allied Health Services > Occupational Therapy

## Customer Reviews

This was delivered in a timely manner and has helps me understand the small and big details involved in becoming an Occupational Therapist. I love the break down of every activity (how, when, where, why, what). It has really opened my eyes. Making a sandwich isn't just making a sandwich anymore.

This is a great book for students that have to do a tedious activity analysis. There are some good examples to help better explain definitions. Worth the investment if you are a student. This version is just as good as the new.

Compared to many texts, this is very simple to use. Large lettering and good organization make it useful. It really is just a supplement to the Occupational Therapy Framework: Domain and Practice, but does a good job elaborating.

Perfect condition! And great book!! ..but I might be slightly biased, being that my amazing teacher wrote it :) If you want to understand task analysis, GET THIS BOOK!

this book is amazing. it is the best book that i have ever bought for OT school. all programs need to require it!

Fantastic content, great book! Dr. Thomas is very smart!

Great! The Occupation-Based activity analysis book is a great learning book for those who are wanting a career in occupational therapy.

The book was in excellent condition and was received within the appropriate timeline. I was very pleased with the interaction.

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